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Recipes From Northern Italy; Great Wine Bargains; Trader Joe's Menu Ideas

Farms In Italy

Armchair travelers and gourmands will love "The Italian Farmer's Table: Authentic Recipes and Local Lore from Northern Italy" by Guilford authors Matthew Scialabba and Melissa Pellegrino [Globe Pequot Press, \$19.95].

The cookbook features recipes from more than 30 working farms in Northern Italy along with sumptuous pictures of local landscapes and elegantly simple foods.

The "agriurismi," as the farms are called, provide room and board and offer travelers such culinary delights as fresh ricotta cheese, organic vegetables picked moments before serving and prosciutto made from free-range pigs.

If there's no trip to rural Italy in your immediate future, this book might be the next best thing.

— *Korky Vann* (kvann@courant.com)